

Section: HRMC Division of Nursing

Index: 8620.016a

Page: 1 of 2

Issue Date: May 15, 2002

Revised Date: September 26, 2010

## PROCEDURE

TITLE: TABS MONITOR SYSTEM

---

PURPOSE: To outline the procedure for proper use of the Tabs Monitoring System – Restraint Free Monitor.

### SUPPORTIVE

DATA: TAB monitors should be used on all patients who are at high risk for falls according to the Morse Fall assessment tool, who have a history of falls, or who are confused. A fall assessment should be part of a fall management program, and should be assessed and documented every shift to increase patient safety.

### EQUIPMENT

LIST:

1. TABS® Monitor
2. Mounting bracket
3. Disposable patient specific pad, bed/chair
4. Optional nurse call system cord attachment

### CONTENT:

#### **TABS® Monitoring System**

Fall monitoring options include an audible alert from the monitor pad/or an alarm through the nurse call system

1. Place pad on bed or chair. For bed application, cover pad with a sheet.
2. Insert phone-style plug into jack labeled "Pad" on the TABS® monitor.
3. If connecting to the nurse call bell system, the modular T-connector lets you connect the TABS® chair or bed pad to the TABS® monitor and your nurse call system. **Do not connect two pads to the T-connector.**
4. Remove call bell plug from wall insertion site.
5. Connect single side of "T" TABS® adapter system into the wall unit.
6. Connect call bell into one of the "T" connectors. Insert the phone-style plug into jack labeled "Nurse" on the TABS monitor.
7. When the patient applies his/her weight, a beep will sound to indicate the device is armed.
8. Alarm occurs when the patient removes weight from the pad.
9. To silence or rest the alarm, press the black "reset" button on the front on the monitor.

## **Alarm Settings**

TABS® monitors are powered by a 9 volt battery located under the back cover. A low battery alert (intermittent beep) reminds you to replace the battery.

TABS® monitors have 4 selectable alarm tones.

1. All options are set by adjusting a row of four rocker switches under the battery cover.
2. To set options, remove the battery cover.
3. When your options are set, replace the battery cover and test the monitor.
4. The position of the number 1 and number 2 switches determines the tone. The number 3 switch turns the local alarm on and off (only available when using nurse call interface). The number 4 switch is for voice mode. Use a ballpoint pen to move the switches.

## **TABS® Voice**

TABS monitor has a unique audio recording capability. You can record a message up to 15 seconds in length.

To record a voice message:

1. Remove the battery cover
2. Locate black “record” button inside the cover.
3. Push down the black record button and hold it down until you are finished recording.
4. Hold the monitor 8” – 12” from your mouth and record your message. Speak slowly and enunciate your words. Release button when finished.
5. Replace the battery cover.
6. Review your message by pressing the rest button on the front of the alarm. The message should be easily understood and heard. If it is not, re-record by following Steps 2 and 3.

**NOTE:** This is not a restraint device; it does not restrict freedom of movement.

**REFERENCES:** Stanley Senior Technologies